

Item Type: All

Item Id: RB-02-T2 to RB-02-T2

Recipe: RB-02-T2

Description: Bread Dinner Roll (SCRATCH T2)

Ingredients required to make a Quantity of 128.0 Serving units.

Fat ID:	Moisture Change: 0.00	Fat Change: 0.00		
Item ID	Description	Quantity		Quantity 2
36.3860.00	Yeast Cs/20	0.10 Pound		Tsp.
38.2100.00	Milk or Milk Replacer Dry Sack/50#	0.20 Pound		
36.3200.00	Honey Cs/6 5#	0.85 Pound		
36.3740.26	Salt Bag/25#	0.13 Pound		
36.1091.04	Oil Vegetable Cs/3 gallon	0.25 Pound		Pound
H20	Water used for recipes	4.25 Pound		Pound
36.2785.02	Flour Conagra T2 Healthy Choice Bag/50#	6.30 Pound		

Preparation Instructions:

1. Place yeast, flour, dry milk, and salt into a mixer bowl
2. Blend on low speed with a dough hook for approximately 30 seconds
3. Add oil and honey and add water reserving 10%, mix with dough hook until all ingredients are moist; if dough is stiff add reserved water
4. Mix dough about 8 minutes or until dough is fully developed.
6. Place dough into plastic container, let dough rise and double in bulk for about 30-45 minutes
7. Punch down dough to remove air bubbles
8. Form rolls into 1.5 ounce pieces and shape
9. Place rolls on a lined sheet pan in rows of 8 across and 11 down
10. Place in a warm area until double in size, 30-45 minutes
11. Bake until lightly browned at 350 degrees convection oven for 12-14 minutes

Components

BBA 1 ½

Denver Public Schools
 Food & Nutrition Services
 4/23/2010

* Nutrient information is missing.

Recipe Information

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Amount of nutrients contained in 1 serving:

% of Calories

Water (grams):	18.17	Calories	97.46	Protein (grams):	3.10	12.72
Chol. (mg):	0.13	Sodium (mg)	175.68	Carb. (grams):	19.17	78.69
Fiber (grams):	1.74	Ash (grams):	0.94	Total Fat (grams):	1.27	11.74
Calcium (mg):	15.15	Iron (mg):	1.60	Sat. Fat (grams):	0.10	0.91
Vitamin C (mg):	0.04	Vitamin A (IU):	16.80	Trans Fat (grams):	0.00	
		Vitamin A (RE):	5.03			

* Nutrient information is missing.